

YLK & BATTER MASTER MENU ALLERGY GUIDE 2026

	Dairy	Eggs	Fish	Crustacean	Shellfish	tree nuts	Peanuts	Wheat	Soybean	Sesame	Mustard	Seeds	Sulphites	May contain/M.C
Shareables														
Cinnamon bun	✓	✓				✓		✓	✓		✓			M.C tree nut, mustard, soy
Pancake flight	✓	✓				✓		✓	✓			✓		
The Classic Breakfast														
1 Egg	✓	✓						✓	✓					Check bread/sides for may contains
3 Eggs	✓	✓						✓	✓					Check bread/sides for may contains
The Big 3	✓	✓						✓	✓		✓			Check bread/sides for may contains
The Sweet & Savoury	✓	✓						✓	✓					
Smoked Bacon														
Sausage Links	✓							✓			✓			
sausage patty								✓						
Carved Ham		✓												
Turkey Bacon														M.C eggs
Thick Cut Peameal									✓			✓		
Flavour Up Options														
Blueberry bliss	✓							✓	✓			✓	✓	
Very Berry	✓	✓						✓	✓			✓	✓	
Cinnful	✓	✓						✓	✓			✓	✓	
Breads														
Sourdough	✓							✓	✓					The bread M.C tree nut, egg, milk, soy,sesame
Muligrain	✓							✓	✓	✓		✓		The bread M.C soy, sesame
Tuscan White	✓							✓	✓					The bread M.C sesame, sulphite, soy
G.Free bread	✓								✓			✓		M.C egg
Food That Fuels														
The Light Start	✓	✓					✓	✓	✓					Check bread M.C
The A.M. Oat Bowl	✓						✓	✓	✓					Check bread M.C
The Power Bowl	✓						✓	✓	✓					Check bread M.C
Omelettes														
Triple Protein	✓	✓						✓	✓					Check bread/sides for M.C
Truffle Mushroom	✓	✓						✓	✓					Check bread/sides for M.C
Run of the Garden	✓	✓						✓	✓					Check bread/sides for M.C

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Birria Beef	✓	✓						✓	✓					Check bread/sides for M.C
The Chicken & The Egg	✓	✓						✓	✓					Check bread/sides for M.C
Toasted and Topped														
Traditional Avocado Toast	✓	✓				✓		✓	✓	✓				The bread M.C tree nut, egg, milk, soy,sesame
Smoked Royale	✓	✓	✓			✓		✓	✓	✓				The bread M.C tree nut, egg, milk, soy,sesame
Hot Honey Prosciutto & Sweet Potato	✓	✓				✓	✓	✓	✓	✓				The bread M.C tree nut, egg, milk, soy,sesame
Bennies														
Traditional	✓	✓						✓	✓					
Ham	✓	✓						✓	✓					
Bruschetta	✓	✓						✓	✓				✓	
The Smokin' Ylk	✓	✓	✓					✓	✓		✓		✓	The bread M.C tree nut, egg, milk, soy,sesame
Bacon Smash Burger	✓	✓						✓	✓		✓			
Prosciutto & Brie	✓	✓						✓	✓					
Y&B Chicken & Waffle	✓	✓						✓	✓	✓				
Brunch Handhelds														
Bangin' Breakfast Sandwich	✓	✓						✓	✓	✓				The bun M.C Almond, soy
The Sunrise Wrap	✓	✓						✓	✓		✓			
Y&B B.L.A.S.T.	✓	✓						✓	✓					The bread M.C sesame, sulphite, soy
Birria Beef Breakfast Tacos	✓	✓						✓	✓					
Hash It Out														
Nacho Average Hash	✓	✓						✓	✓			✓		Check bread M.C
Brussels & Spuds	✓	✓				✓		✓	✓			✓	✓	Check bread M.C
Spicy Buffalo Chicken	✓	✓						✓	✓		✓	✓		Check bread M.C
Birria Beef	✓	✓						✓	✓			✓		Check bread M.C
Lunch														
Turkey Club	✓	✓						✓	✓				✓	The bread M.C sesame, sulphite, soy
Jeeze Louise Chicken Caes	✓	✓	✓					✓	✓		✓			
Y&B Smash Burger	✓	✓						✓	✓	✓	✓	✓		The bun M.C Almond, soy
Truffle Mushroom Swiss Burger	✓	✓						✓	✓	✓		✓		The bun M.C Almond, soy
Brie-lliant Veggie Melt	✓							✓	✓				✓	The bread M.C tree nut, egg, milk, soy,sesame
Honey Bee Chicken Wrap	✓	✓						✓	✓				✓	
Birria Beef Poutine	✓							✓	✓			✓		

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Bowls														
Berry Good Bowl	✓							✓		✓		✓		
Yamazing Bowl	✓	✓									✓			
Gluten Free pancake/waffle												✓		M.C egg
Pancakes														
Pancakes Plain	✓							✓	✓			✓		
Triple Chocolate	✓							✓	✓			✓		
Blueberry Bliss	✓							✓	✓			✓		
Ultimate Carrot Cake	✓							✓	✓					
Espresso Tiramisu	✓							✓	✓					
Honey Berry Brie	✓							✓	✓					
French Toast														
French Toast Plain	✓	✓						✓	✓			✓		
Very Berry & Banana	✓	✓						✓	✓			✓		
Apple Cinnamon	✓	✓						✓	✓			✓		
Cookie Butter	✓	✓						✓	✓			✓		
Waffles														
Waffles Plain	✓	✓						✓				✓		
Simply Cinnful	✓	✓						✓	✓			✓	✓	
Strawberry Banana Hazelnut	✓	✓				✓		✓	✓			✓		
Dragon Berry	✓	✓						✓						
Crepes														
The Sweet	✓					✓		✓	✓			✓		
The Savoury	✓	✓						✓				✓		
Kids Menu														
Kids Basic Breakfast	✓	✓						✓	✓					
Kids Mini Pancake Stack	✓							✓	✓			✓		
Kids French Toast Sticks	✓	✓						✓	✓			✓	✓	M.C soy, sesame
Kids Cheese Burger & Curly Fries	✓	✓						✓	✓	✓		✓		The bun M.C Almond, soy
Kids Chicken Nuggets & Curly Fries								✓						
Homefry Upgrades														
Crisp Gar-Parm	✓							✓						
Ylk'd Up	✓	✓						✓						
Lunch Upgrades														
Curly Fry Poutine	✓							✓	✓			✓		
Caesar	✓	✓	✓								✓			
Berry Good Salad	✓							✓		✓		✓		
House salad														Sulfites if you choose lemon vinniagrette

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